



Sahyog *care for you*®
Society for the Upliftment of Child Education, Health & Environment

Brief about Sahyog

**Working on building the society bit
by bit, since 2002**



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From the Desk of the Gen. Secretary

"Every act of kindness, no matter how small the act is, it has the potential to create a ripple of positive change that can transform communities and inspire the world."

- Shekhar Mahajan



Shekhar, the General Secretary of Sahyog Care for You, brings a diverse professional history, backed by post-graduate qualifications in MSW and law. Beyond his academic achievements, he actively engages in philanthropy and advocates for social reform. Committed to fostering impactful change, Shekhar spearheads initiatives aimed at constructive transformation. He turned his vision of empowering the communities into reality, by working towards the betterment of children, women, senior citizens and armed forces of the country.

Shekhar Mahajan's unwavering determination, coupled with his tender-hearted nature, fueled his aspirations for a better world. Leveraging his education, experience, and exceptional social skills, he channeled his passion into the creation of Sahyog Care, overcoming numerous challenges along the way.

Through extensive research, he provided simple yet strategic solutions to communities in need, ensuring the availability of essential resources such as education, personal hygiene, sanitation, water conservation, and sustainable livelihoods.

Together with the Sahyog team, he exemplified the values of care, diligence, and empathy while strategizing and implementing transformative programs across nine states in India.

Overview

“SAHYOG-Care for You is a non-profit organization that has been actively engaged in the social sector for over two decades. Sahyog Care for You is actively engaged in a range of verticals, each with the shared aim of creating a positive impact on society. From overall child development and education to women empowerment, skill development for armed forces, and child rescue and rehabilitation, the diverse initiatives reflect the unwavering commitment to holistic social progress.”

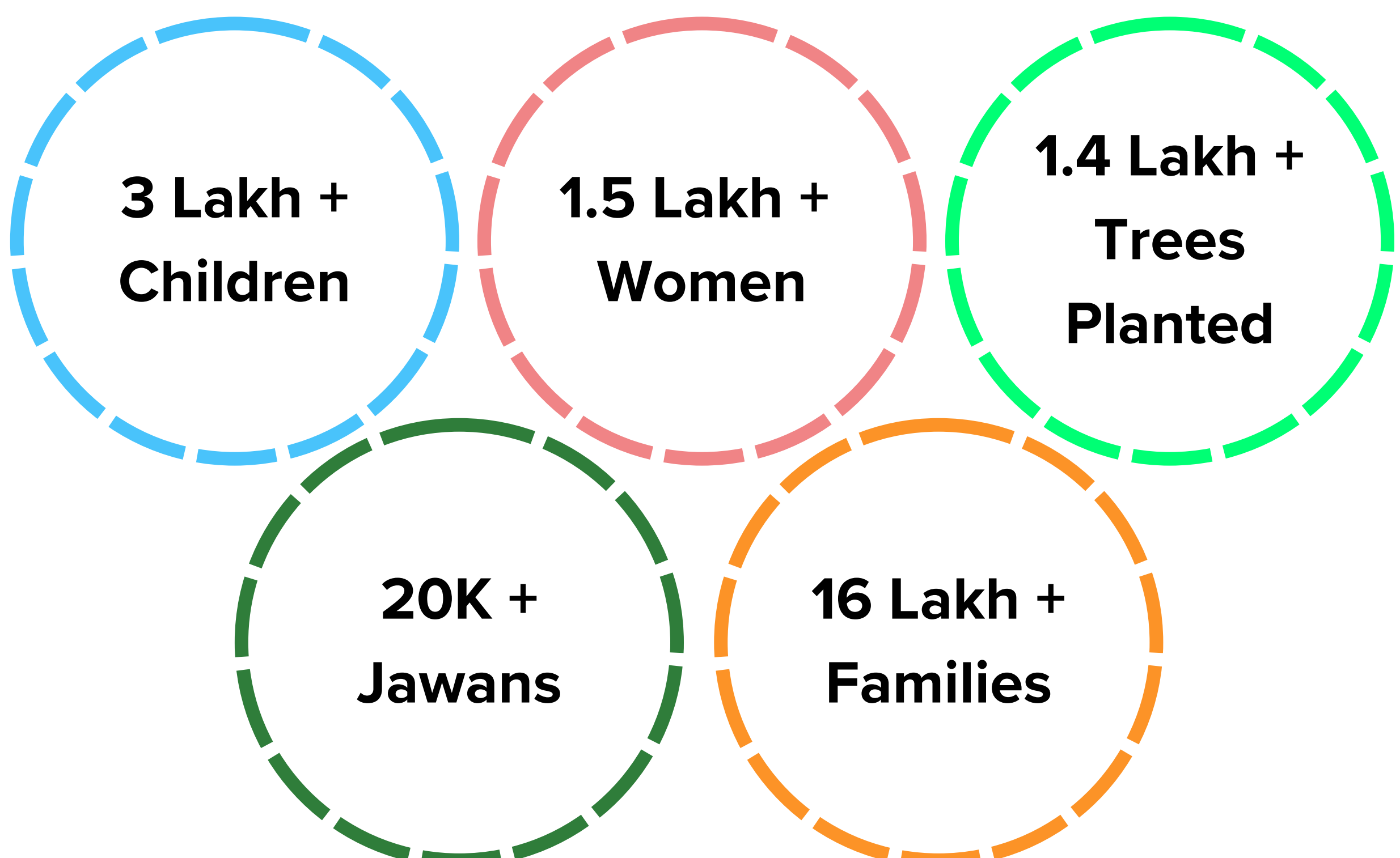
Vision

To create a society where every child, woman, and elderly person is nurtured, protected, and empowered to lead a life of dignity, opportunity, and fulfilment.

Mission

We aim to uplift marginalized groups, empower individuals, and create a society where the principles of Sarvodaya (universal upliftment) are realized.

Our Impact



Our Initiatives

Education

2002

Women livelihood

2012

Tree Plantation

2016

School Toilet Repair

2018

Child Labour Rescue

2019

Water ATM

2020

And the journey continues

Established

2002

Wash/BCC

2007

Skill Development

2014

Sanitation and Health

2017

Cremation Ground

2019

Child Rehabilitation

2019

Solar Panel

2023



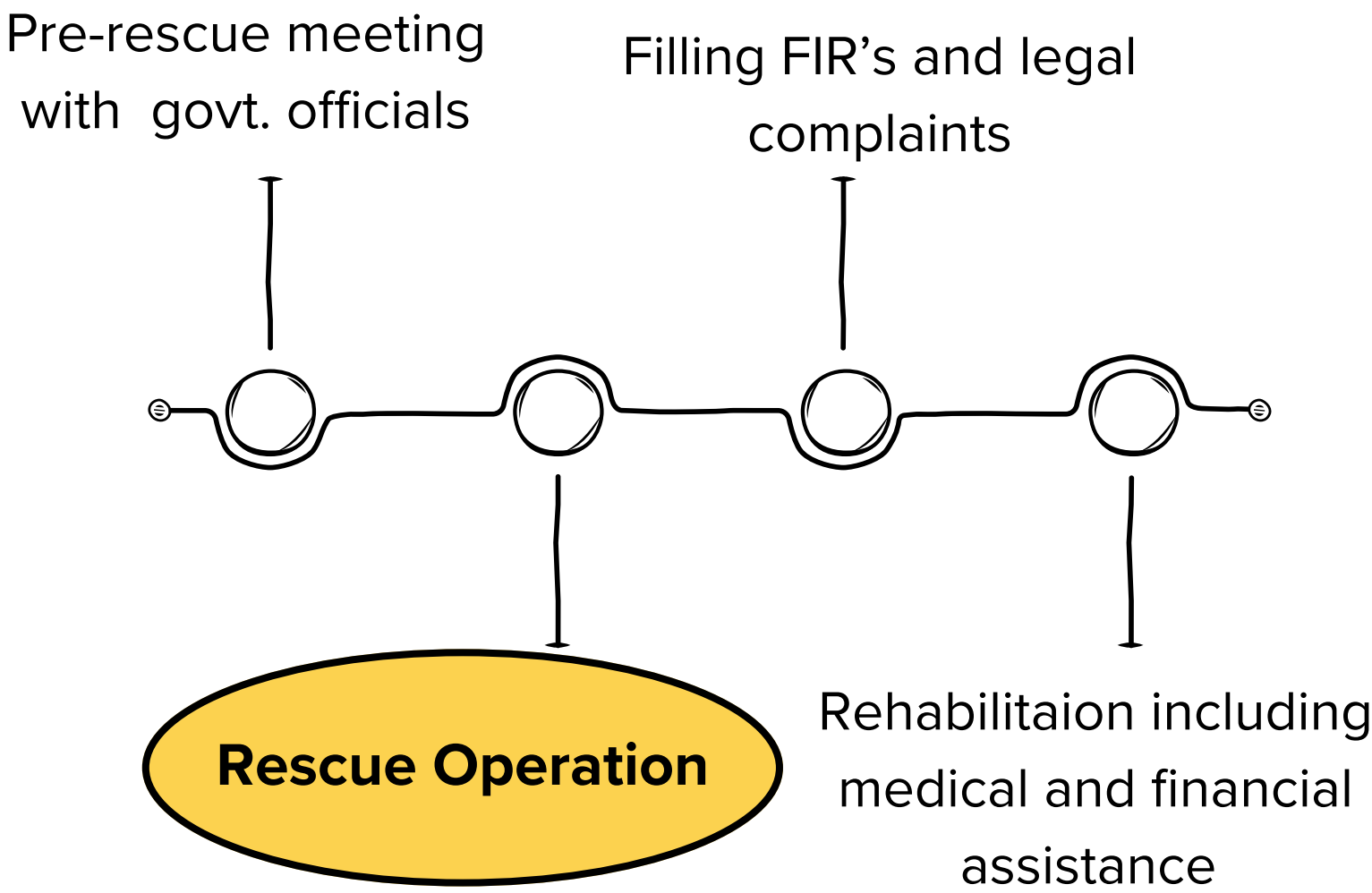
Child Labour Rescue & Rehabilitation



During the 2023-24, our organization remained dedicated to its mission of rescuing and providing a safe for children under 18 years from dangerous environments such as factories and industrial zones in Bhawana, Narela, Wazirpur, Mundka, and other areas. Sahyog provided medical care to these rescued children and essential counseling services to help them deal with their traumatic experiences. Our dedicated team maintained continuous contact with the rescued children and their families, offering unwavering support and assistance like enrollment in schools and providing stationary, books and rashan kits.



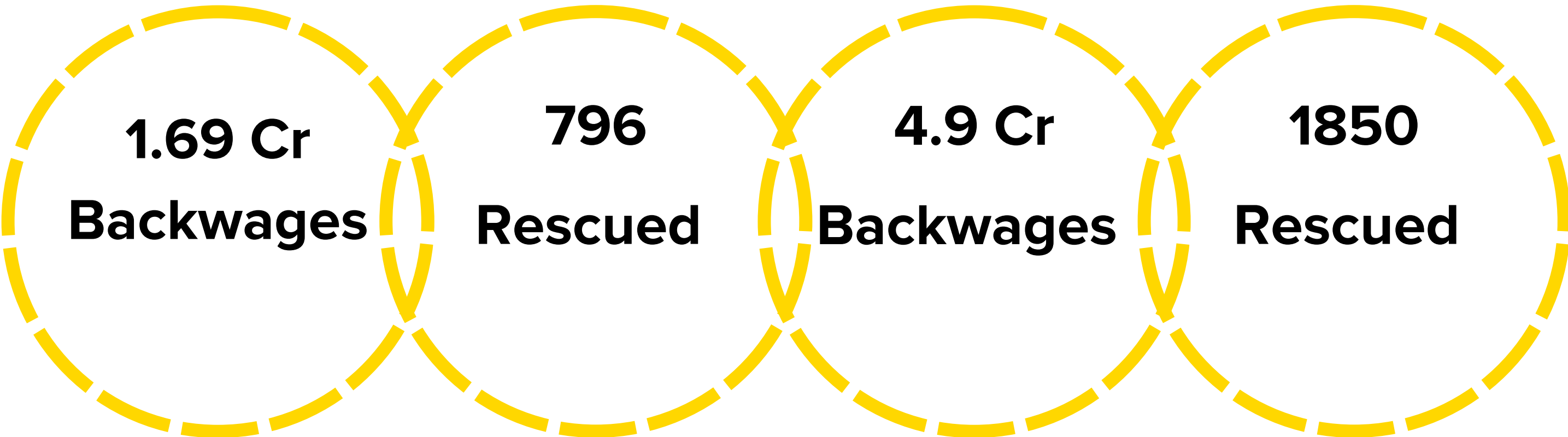
Execution of the Project



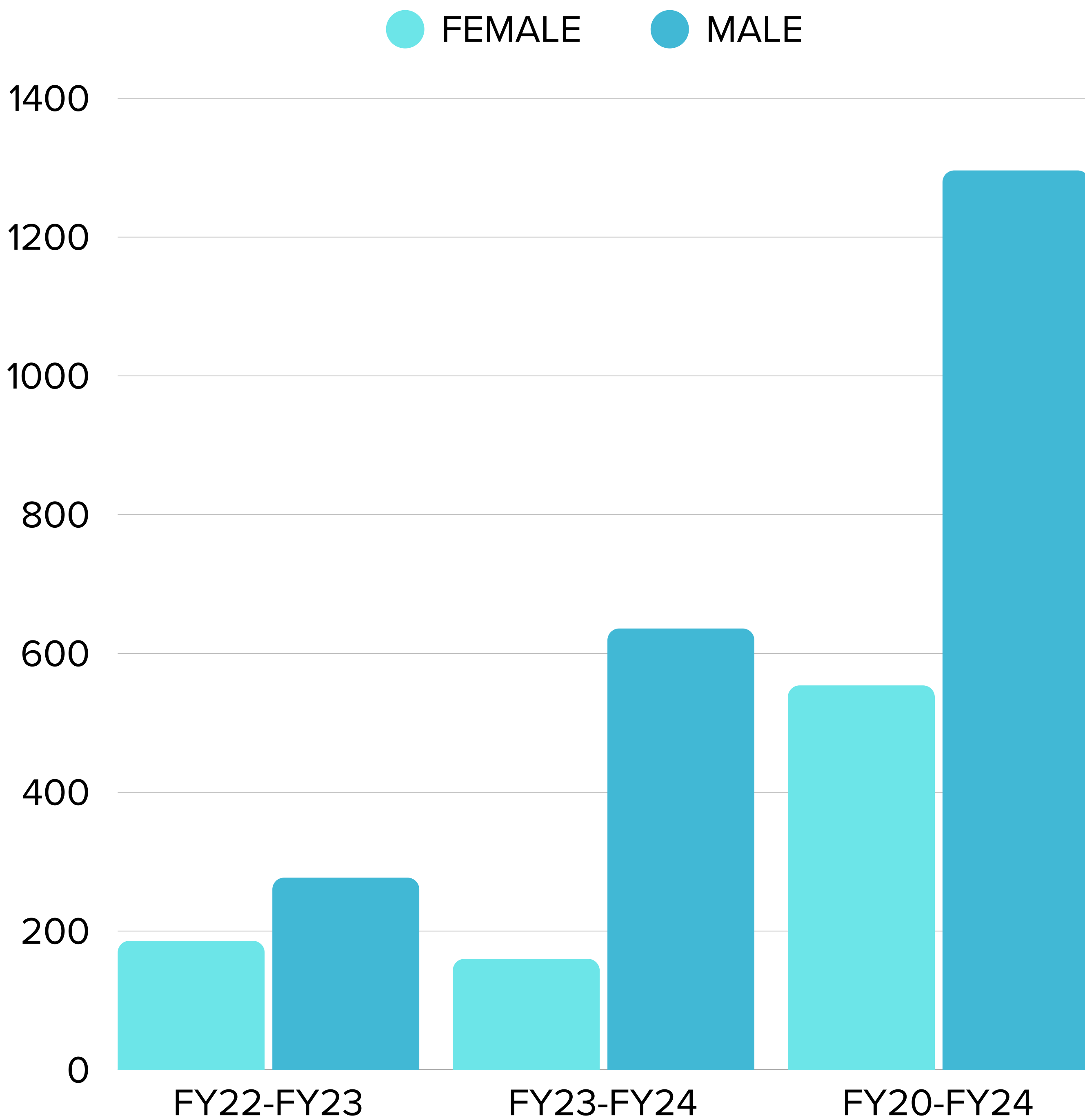
Children Impacted

FY23 - FY24

FY20 - FY24



NO. OF CHILDREN RESCUED



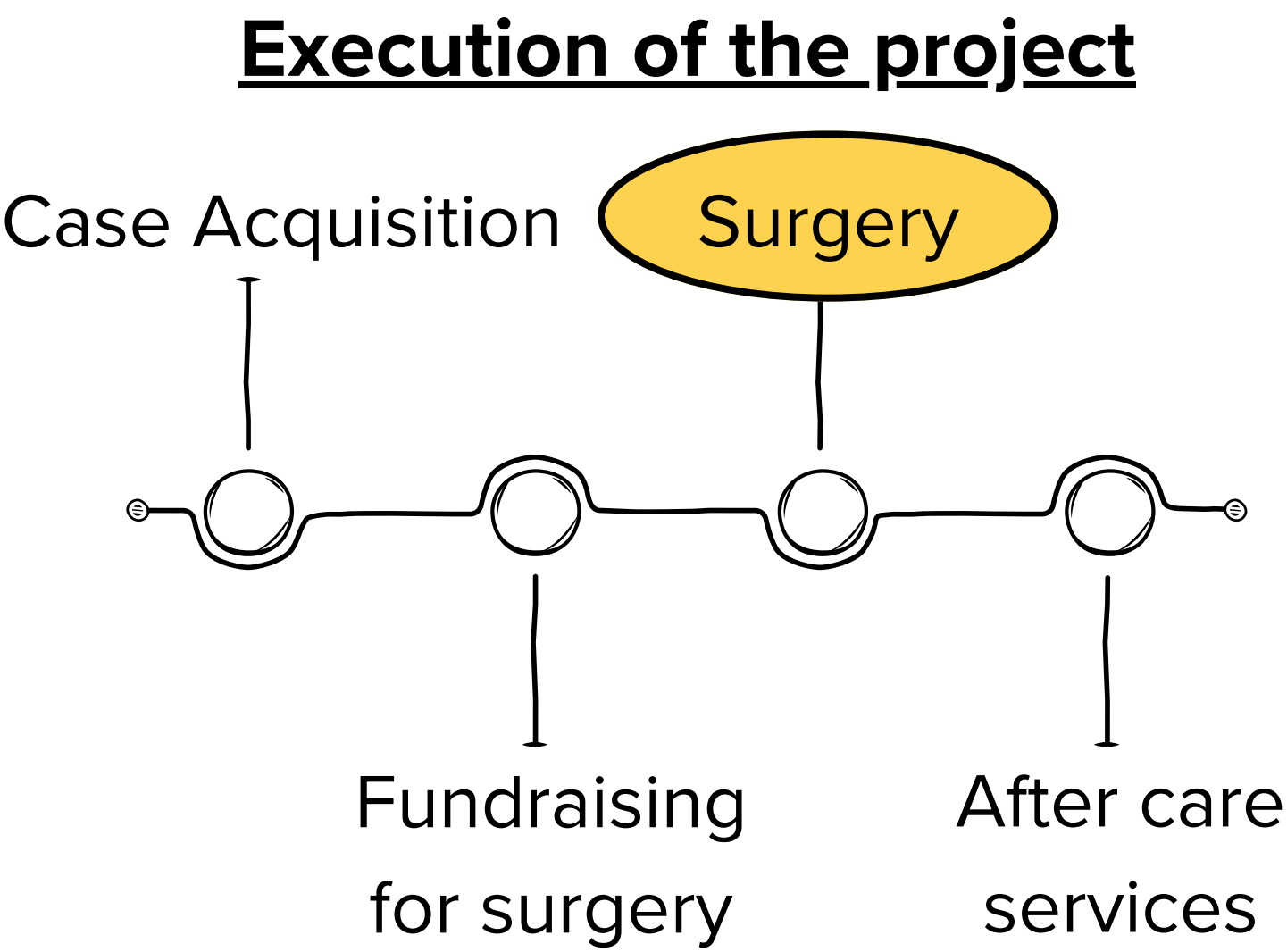


Child Health Care

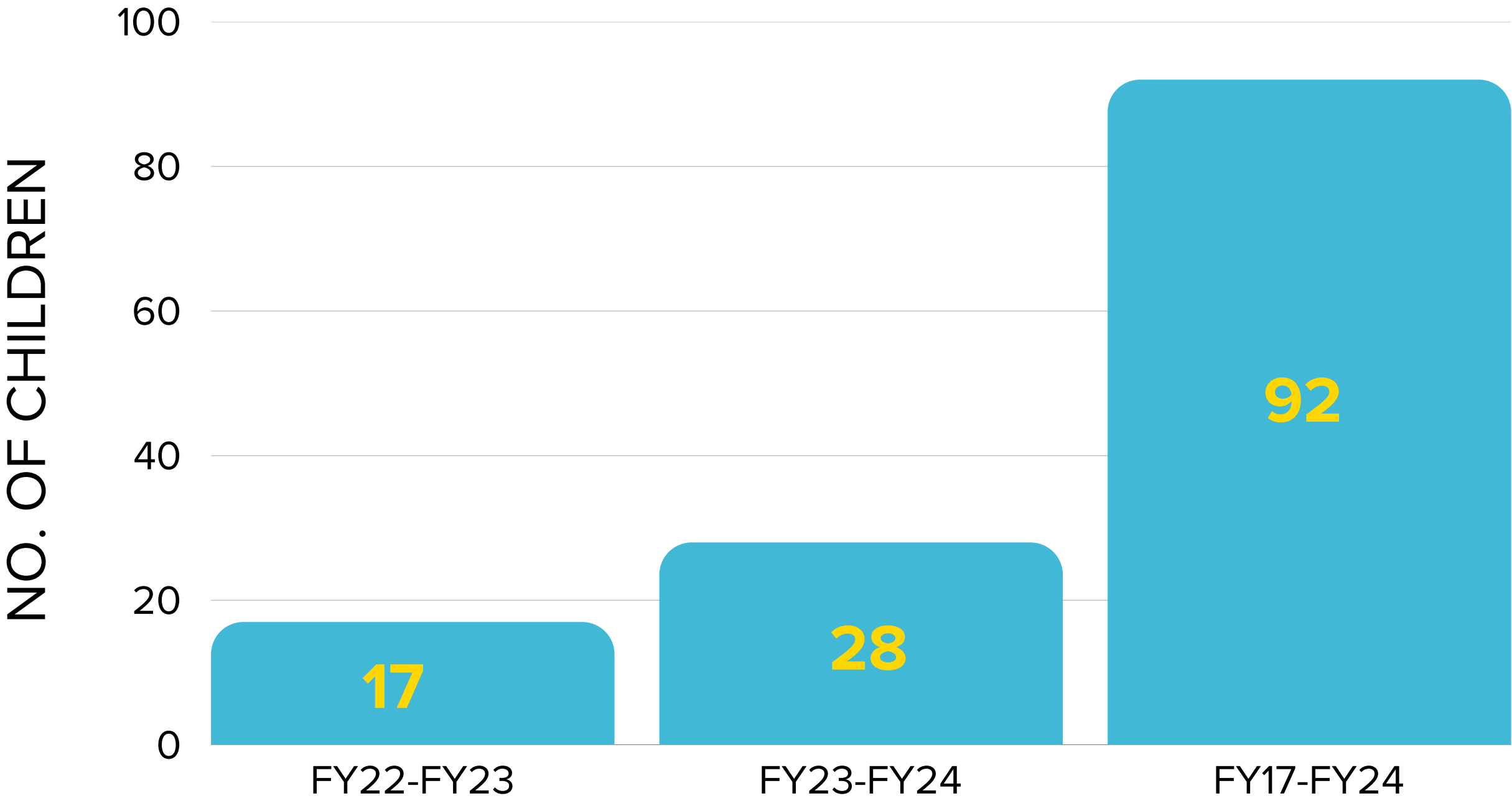


At Sahyog Care, we play a crucial role in providing medical treatment for underprivileged children, particularly those suffering from cancer and heart diseases who need urgent care. We believe that no child's life should be compromised due to a lack of resources.

Our dedicated efforts involved raising funds to support these children, ensuring they receive the necessary treatment. Even when the full amount isn't available, Sahyog uses its own funds to bridge financial gaps and cover the medical expenses.



Our Impact





Non Formal Classes/Remedial



Inclusivity In Education

Sahyog, has set out on a noble journey to uplift the lives of underprivileged children who require special care and support. Our project stands as a beacon, illuminating the path towards a brighter, educated future for these vulnerable children while enhancing their learning levels. We believe that education is not just a tool for knowledge but a key to unlock doors of opportunities and possibilities.



We offer a comprehensive support system, including free teaching and learning assistance, remedial coaching, engaging recreational activities, and vital health and hygiene training. But we don't stop there. We understand the significance of a conducive learning environment, which is why Sahyog provides free uniforms and stationary, ensuring that financial constraints do not hinder a child's education.



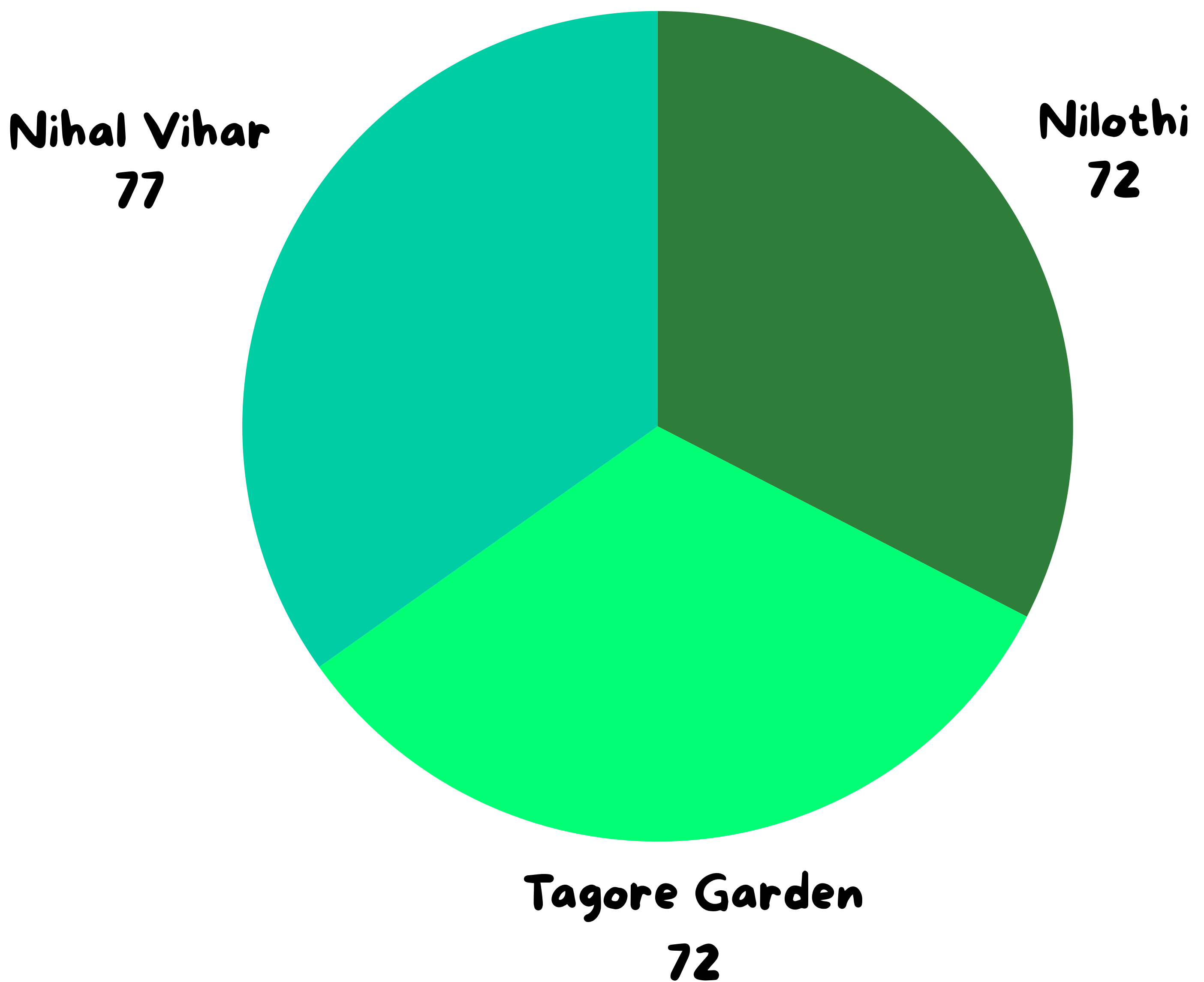
We actively addresses the issue of high dropout rates among these children by engaging with parents, society, and the children themselves, bridging the gaps that often lead to disengagement from education. Our remedial centers serve as not just educational hubs, but as nurturing spaces where children are encouraged to dream and aspire for a better future.



One of our unique initiatives, the Wall O Books, stands testament to our innovative approach. Within these remedial centers, children have access to a captivating array of storybooks and newspapers. This dynamic library serves as a source of inspiration, encouraging children to immerse themselves in the world of words. They not only read but actively apply their learning in their lives, fostering a sense of curiosity and intellectual growth.

Sahyog envisions a future where these children emerge as confident, educated individuals, ready to face the world with knowledge as their armor.

Data of Children (Ages 6-14) Enrolled in Remedial Classes



School Toilets Renovation

School toilets are a basic right, not a privilege, no matter what a child's circumstances or where they live. Having well-maintained, clean school toilet facilities demonstrates respect for children and their wellbeing, and also reduces school dropouts which supports their academic life.



Execution of the project

- Replacing and repairing damaged plumbing and fixtures.
- Construction of the roof/repair of the ceilings, Re-tiling and repainting the toilet areas.
- Ensuring the installation of energy-efficient and eco-friendly fixtures.
- Conducting regular quality checks and inspections during the repair process.

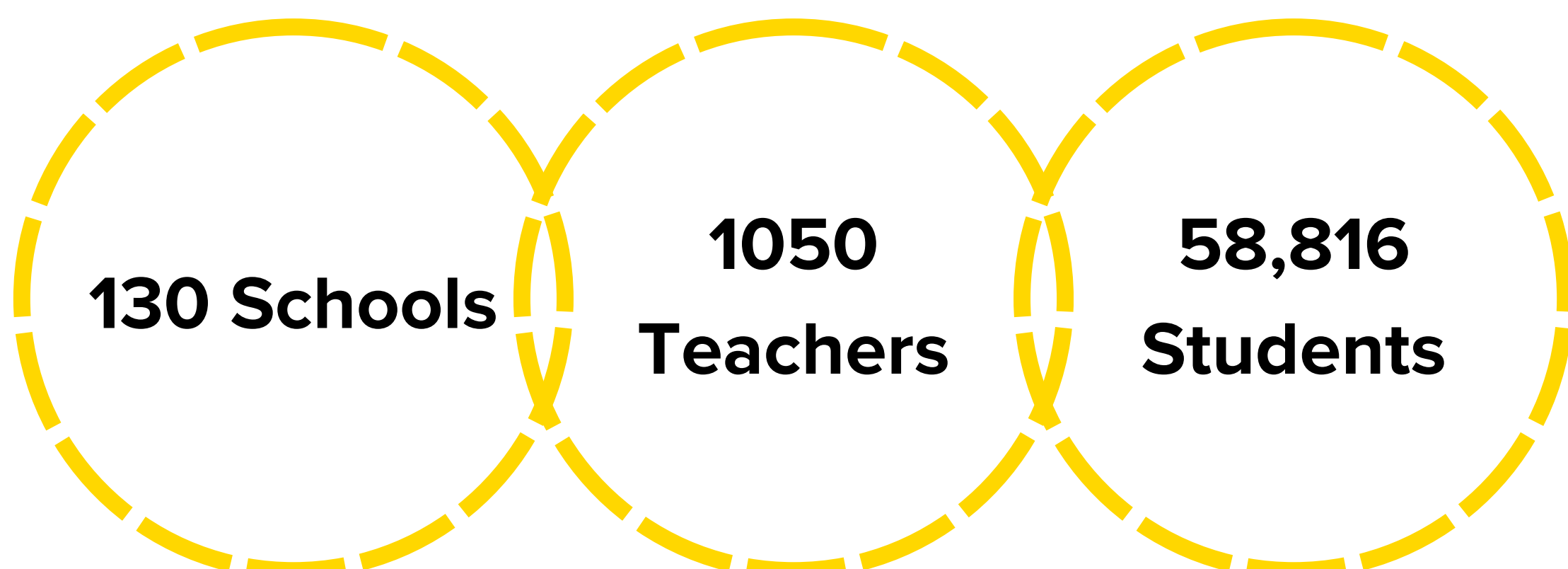


Impact on the community

- Reduced Illness
- Increased attendance and reduced drop outs
- Hygiene and sanitation awareness to students and parents
- Infrastructure enhancement of govt. schools

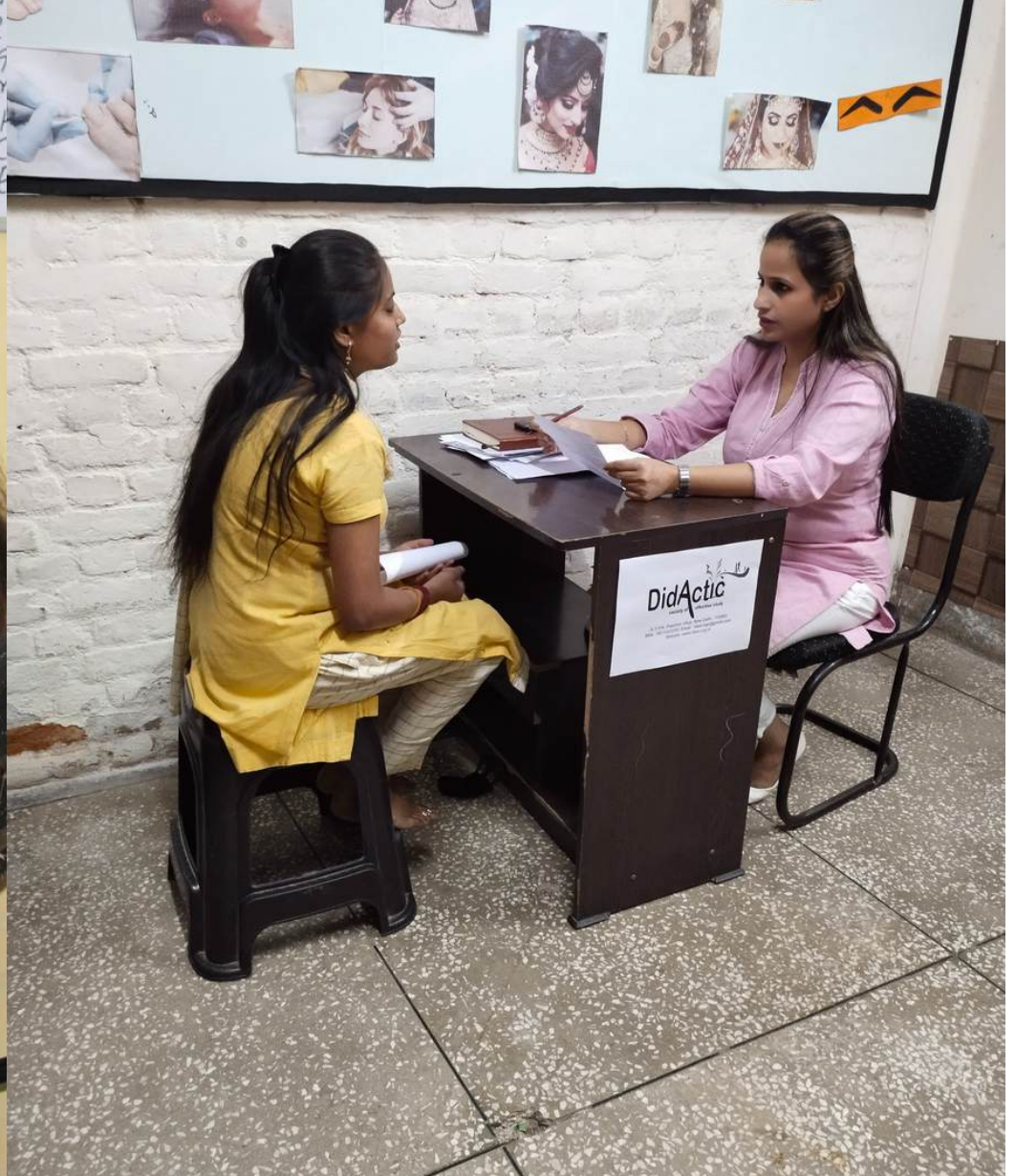


Beneficiaries





Vocational Training Centres



Investing in the Skills of Tomorrow

Even in highly developed countries, unemployment remains a global crisis, worsened by a worldwide economic downturn. A significant portion of the unemployed youth comprises individuals who discontinued their education before completing secondary or higher education due to various reasons. The most effective way to tackle this issue is through vocational education, as these individuals lack the necessary skills and qualifications for employment.

Recognizing the unemployment challenges and the value of vocational training, 'SAHYOG CARE' provided vocational training at its numerous centers throughout Delhi.

Vocational training refers to an educational program designed to equip individuals with the specialized skills needed for particular occupations, like technicians, artisans, or tradespeople. This training can encompass a mix of classroom instruction and practical, hands-on experience.

In India, secondary and higher secondary education typically integrates one or two vocational subjects, but genuine vocational training typically occurs beyond the conventional education system, often culminating in certification. Furthermore, individuals can pursue vocational training as apprentices or trainees, regardless of their formal qualifications.

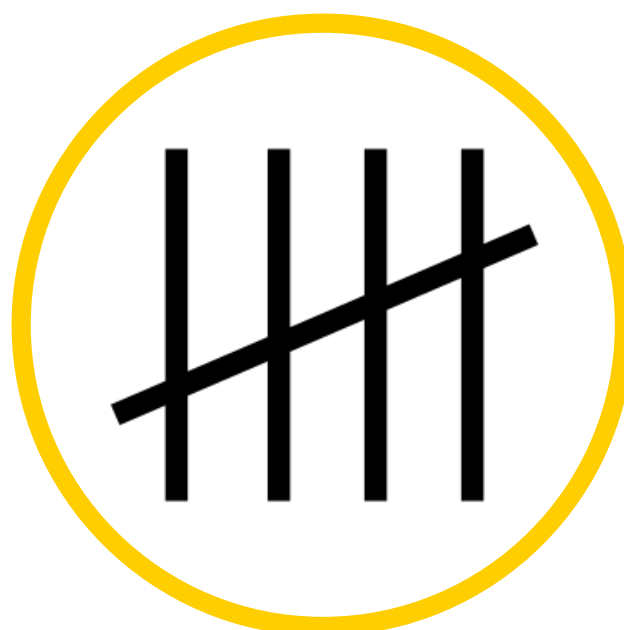
Courses in Our Vocational Training Centers

We offer a diverse range of courses, such as Basic and Advanced Software Computer Courses, Business Processing Unit (B.P.O.) skills, Retail Management, Entrepreneurship in Beauty and Stitching, Digital Literacy, Data Entry and Tally.

These courses are tailored after a careful analysis of market demands, ensuring that our students acquire the skills needed for meaningful employment opportunities.



**Basic & Advance Software
Computer Skills**



Tally Skill



Data Entry Skill



**Retail Management
Training**



**Digital Literacy
Training**



**B.P.O (Business
Processing Unit)
Training**



Stitching Training



Beauty Training

Benefits of Vocational Training Skills

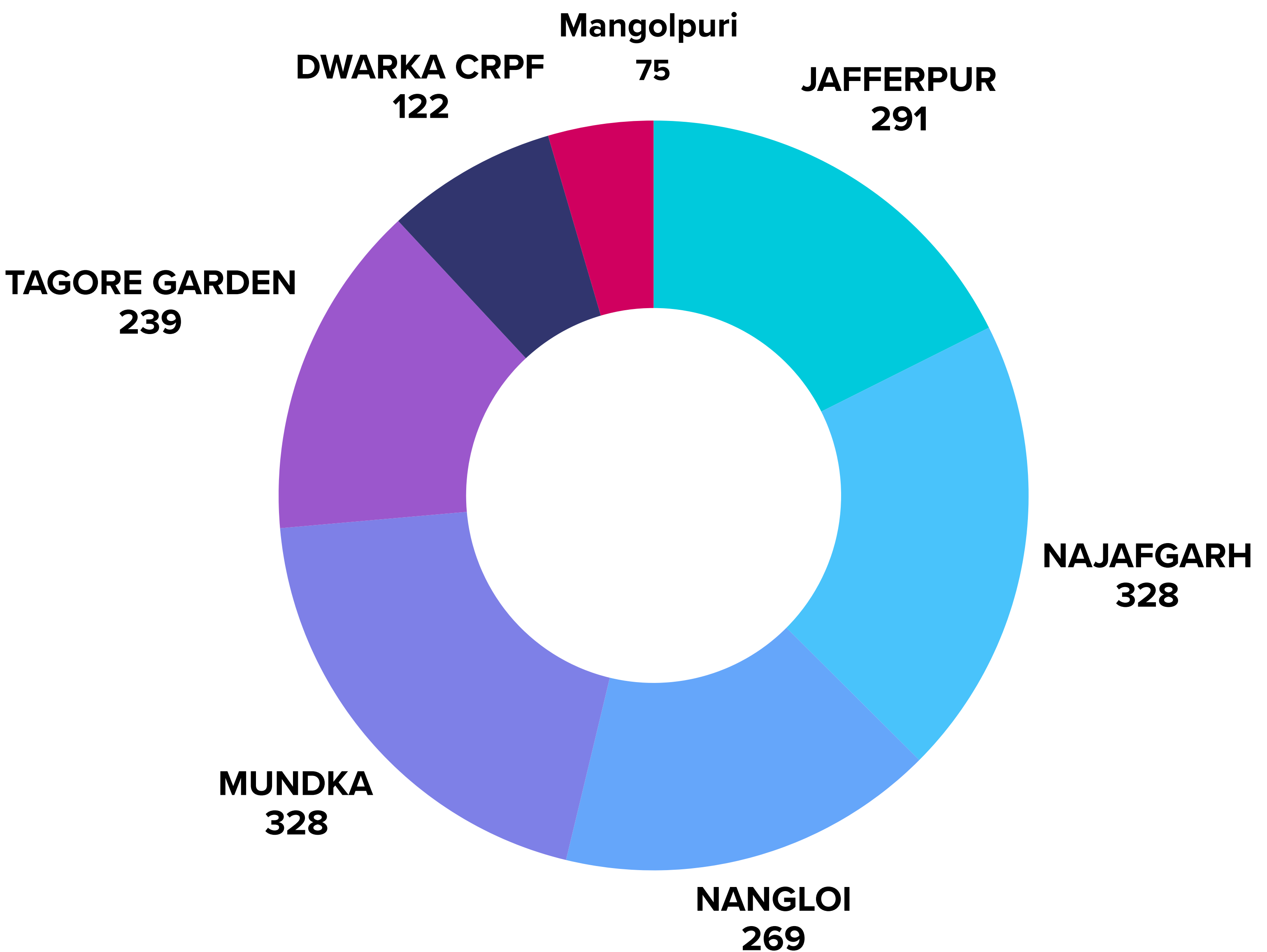
Vocational training serves as a valuable pathway for unemployed students, offering numerous benefits that extend beyond acquiring specific skills for employment.

Here are some points on how vocational training can help unemployed students:

- Vocational training focuses on honing specific skills to meet the demands of particular jobs.
- Students have the flexibility to pursue vocational training alongside or independently of formal education, catering to their unique circumstances and needs.
- It equips students to quickly enter the job market, often securing well-paying positions almost immediately upon completion of the course.
- The training received in vocational programs enhances job performance and readiness, making students valuable assets to potential employers.
- It provides a valuable learning opportunity for individuals who missed out on formal education or those who are unsure about attending traditional schools.
- Vocational training supplies the industry with much-needed skilled manpower, addressing labor market demands and contributing to economic growth.



Geographical Reach of Our Vocational Training Centers



1078

COMPUTER/BPO
Training

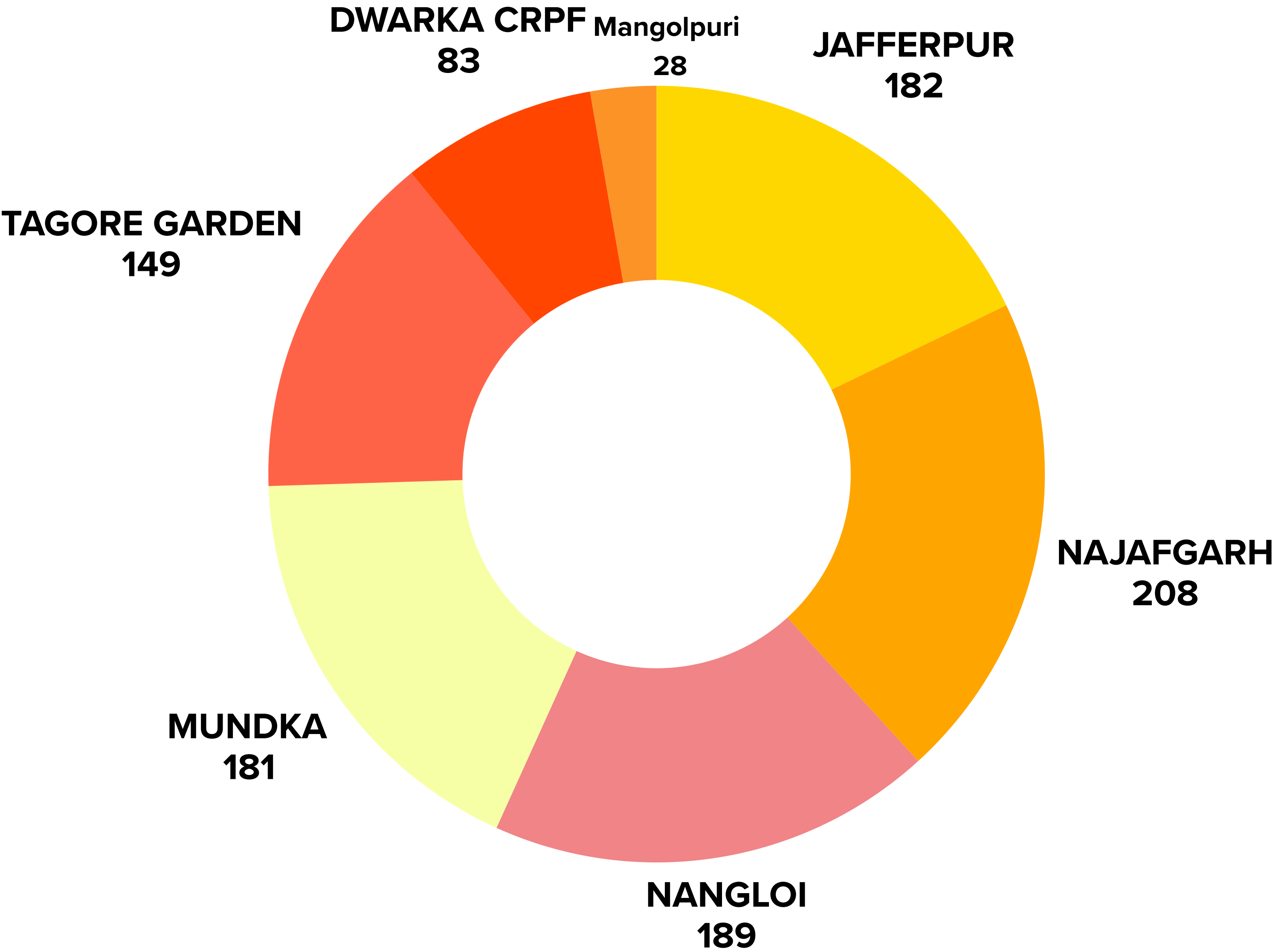
295

TAILORING

279

BEAUTY

No. of Placement Held Between 2022 - 23





WOMEN EMPOWERMENT - SHG



Women Self Help Group

One inspiring story of entrepreneurship unfolds in the heart of Delhi, where a group of remarkable women from Chander Vihar, Nilothi Ext, defied societal norms and embarked on a transformative journey. These women ventured into the business of manufacturing sanitary napkins, masks, and bags, addressing not just economic empowerment but also crucial health and hygiene issues prevalent in their community.

This initiative, led by a Women's Self-Help Group (SHG), not only symbolizes their entrepreneurial zeal but also reflects their deep commitment to enhancing the lives of women in their village. Their venture, specializing in the production and marketing of sanitary napkins, has significantly contributed to the betterment of women's health and hygiene, especially in Delhi's slum areas where access to basic necessities is often a challenge.

With dedication and hard work, the SHG members have manufactured an astounding 1,200,000 sanitary napkins. Their products have found wide acceptance, particularly among slum women who, due to economic constraints, previously resorted to using unhygienic cloth materials, posing health risks. The shift to these locally produced sanitary napkins has not only improved the health of these women but also instilled a sense of confidence and security, empowering them to lead healthier lives. Through their collective efforts, the group generates a substantial monthly income, ranging from 4,000 to 5,000.

In the spirit of entrepreneurship, these women have not merely created a business; they have sowed the seeds of change. Their journey serves as a testament to the transformative power of entrepreneurship, showcasing how individuals, especially women, can uplift entire communities.

Total Sanitary Napkin Production in this Year 1,200,000	Total Sanitary Napkin Free distribution in this Year 2,00,000
Total Hand Bags Production in this Year 10,000	Group Generates Monthly Income of Rupees 4000-5000/-

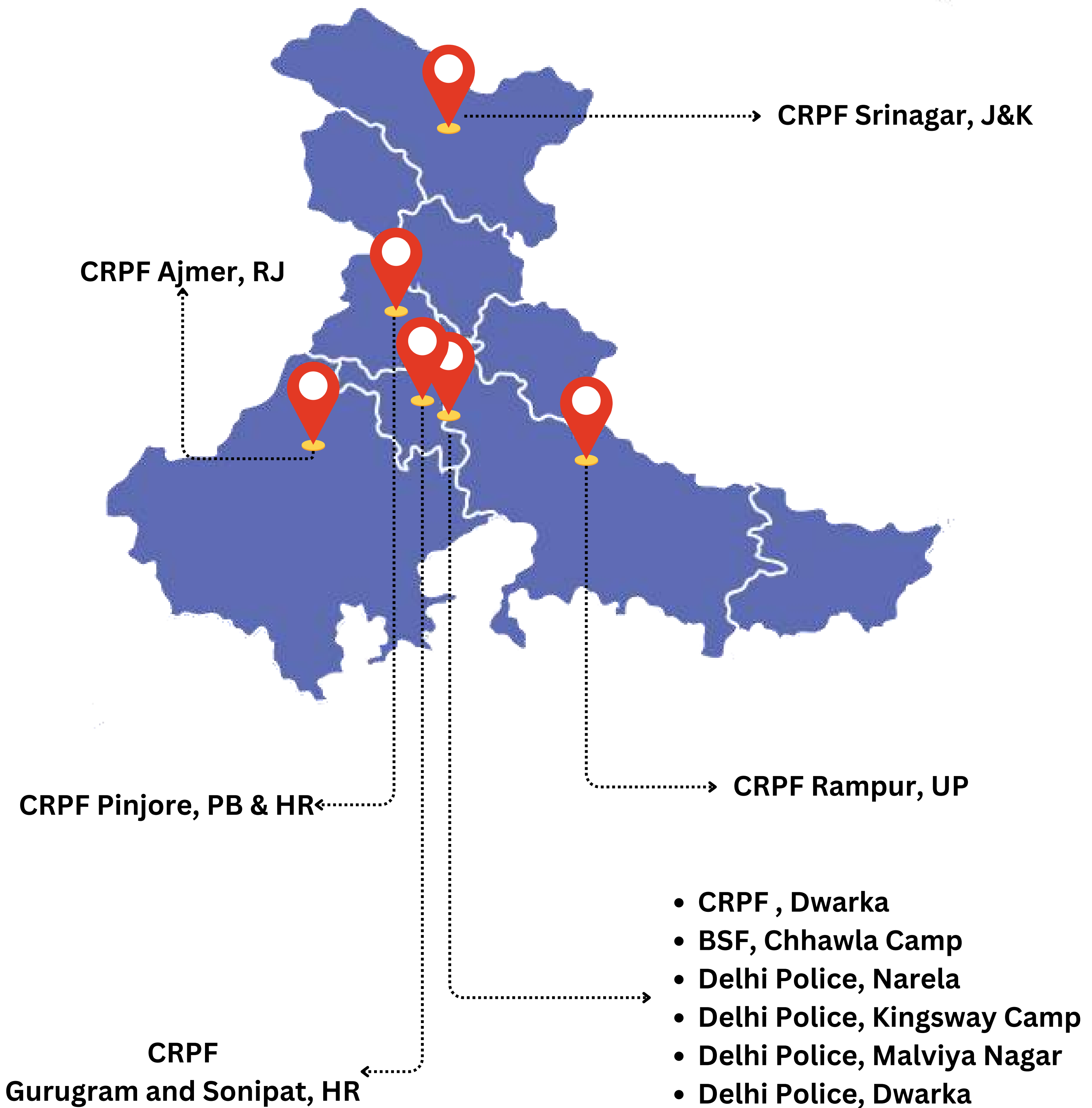




CRPF/BSF/ Delhi Police Vocational Centres



OUR VOCATIONAL COMPUTER CENTERS WITH COUNTRY DEFENSE BODIES



Building Bridges to Brighter Tomorrows Empowering the Hands that Protect Us

In a noble endeavor backed by Boeing's CSR support, Sahyog Care has pioneered a transformative program catering to the families of CRPF and BSF Jawans, Armed Forces personnel, disabled (Divyangs jawans), widows, and the wards of martyrs from the Central Reserve Police Force. The objective of this initiative is to nurture positive aspirations within CRPF families, steering them toward a brighter future.

This initiative encompasses comprehensive courses on digital literacy, software applications, and other computer-related training sessions. The curriculum also covers a wide array of topics, including web designing, MS Office proficiency, software applications, and computer hardware knowledge. Beyond the realm of technical training, our program extends its reach to sessions focusing on personality development, gender sensitization, and English language proficiency. All these sessions take place in a state-of-the-art computer lab, equipped with fully functional hardware, providing participants with hands-on experience. These multifaceted courses not only equip the participants with invaluable technical skills but also foster personal growth and confidence and facilitating employment opportunities.

We actively liaise with various companies to provide placement prospects to those who complete our courses successfully.

Sahyog Care, in collaboration with Boeing, remains dedicated to transforming lives, through this initiative, we are not just imparting technical knowledge; we are fostering empowerment, self-belief, and a promising tomorrow for our nation's unsung heroes and their families.



**No. of people
enrolled in Long
Term Courses**

1760

**No. of people
enrolled in Short
Term Courses**

2125

Placement 116

Empowering Veterans for Civilian Careers in Solar Energy

The program prepares retiring Army personnel and veterans for civilian careers by training them in solar panel installation. Leveraging their inherent discipline, teamwork, and problem-solving skills, veterans are equipped for commercial roles that offer sustainable livelihoods. This initiative also addresses India's rising demand for renewable energy. By emphasizing employability, practical training, earning potential, and field experience, the program facilitates a smooth transition into second careers, whether as entrepreneurs or in the workforce.

Course Details

Details	Remarks
Target Beneficiaries	Veterans & The Army Personal Who are going to retire in next 6 months
Number of Beneficiaries	125 (Veterans and Retired Army Personnel)
Course Name	Solar Panel Installation Training Program
Course Duration	Short Term (15 Days Training Program)
Certified by	Solar Industry/NSDC
Job Fair	The batch of total 20-25 Candidates
After Training	Offline Internship Program
Job Placement	With Reputed Firms
Expected Starting Salary	20k - 1 Lack





Water ATM



In support of Sustainable Development Goal 6, which strives for universal and equitable access to safe and affordable water by 2030, Sahyog Care is committed to supplying safe drinking water to the underprivileged and needy residents of Jhuggi clusters. Water, a vital natural resource, is essential for numerous activities including agriculture, industry, household use, recreation, and environmental conservation. At Sahyog Care, we strongly uphold the belief that access to clean and safe water is a basic human right.



Impact on Communities

- Prevention from waterborne diseases
- Community awareness by organizing campaigns
- Women entrepreneurs who run the water ATM

Execution of the project

- Taking permissions from government departments
- Construction of Water ATM
- Community awareness
- Distributing 20L filtered drinking water for Rs2

Total Water ATM	9	In Delhi
Total Filtration Capacity of Water ATM's	1500 ltr Per hour	Per ATM/Per Hour
Total Households Covered	13500	1500 Households in each area
Total Beneficiaries	54000	(13500x4)



Parathletes



Leveling The Playing field for Parathletes

“Dignity is what Indian para athletes seek as well, along with patience and support. What they don’t want is sympathy”

In the ever-evolving landscape of sports, India’s progress in Para sports stands as a testament to the resilience of the human spirit.

Inspiring story of Muralikant Petkar, a war hero with a bullet lodged in his spine, who defied all odds to secure India’s inaugural Paralympic gold in the challenging sport of 50m swimming at the 1972 Heidelberg Games. Despite being the sole medalist in that edition, his triumph symbolizes the indomitable willpower that defines our nation’s athletes.

Sahyog Care for You, a non-profit organization, has played a pivotal role in supporting Indian athletes, irrespective of their abilities. Collaborating closely with numerous national athletes, the organization has provided vital financial assistance and unwavering encouragement. Beyond mere support, Sahyog Care for You has undertaken the noble mission of reshaping societal attitudes towards differently-abled individuals. By raising awareness about disability conditions, the organization is actively working to dismantle stereotypes, fostering a society where every person is valued for their abilities, thus paving the way for a more inclusive tomorrow.



Tree Plantation



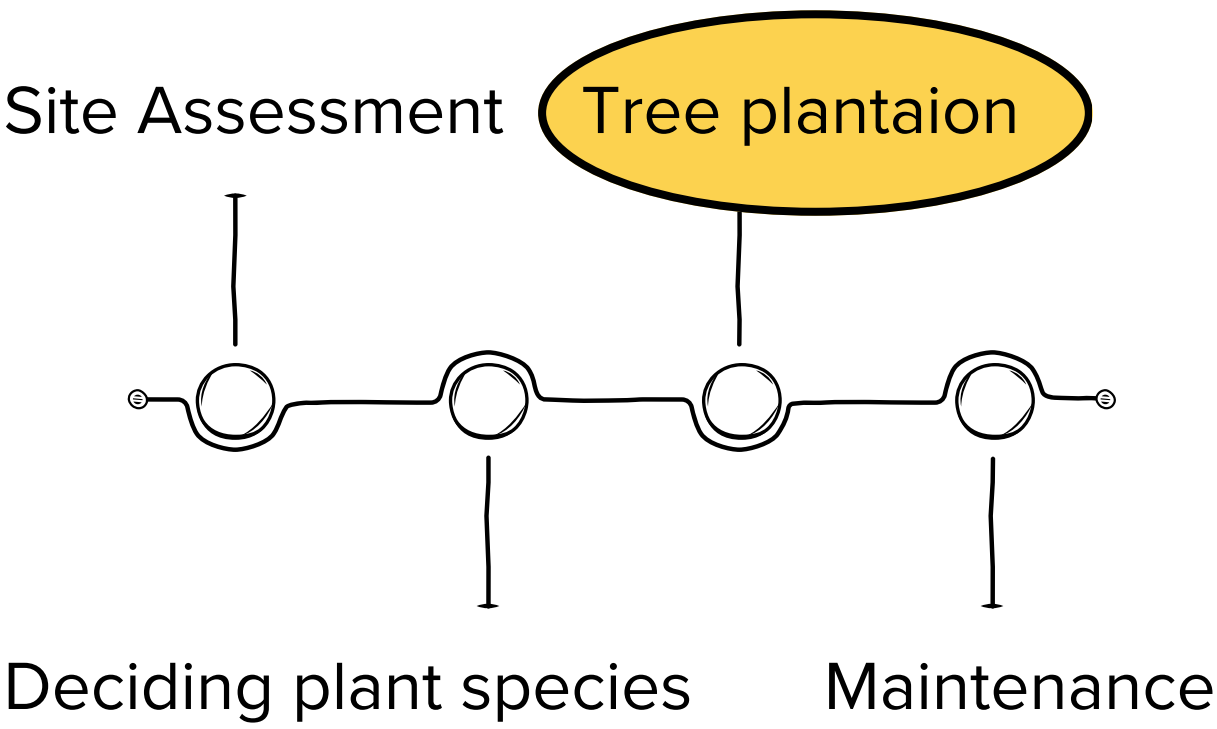
We are committed to making a substantial contribution to landscaping and re-greening our neighbourhoods, aiming to offset the impact of the rigorous development processes taking place. Our vision for this project is to promote the adoption of sustainable and economically viable tree plantation practices.



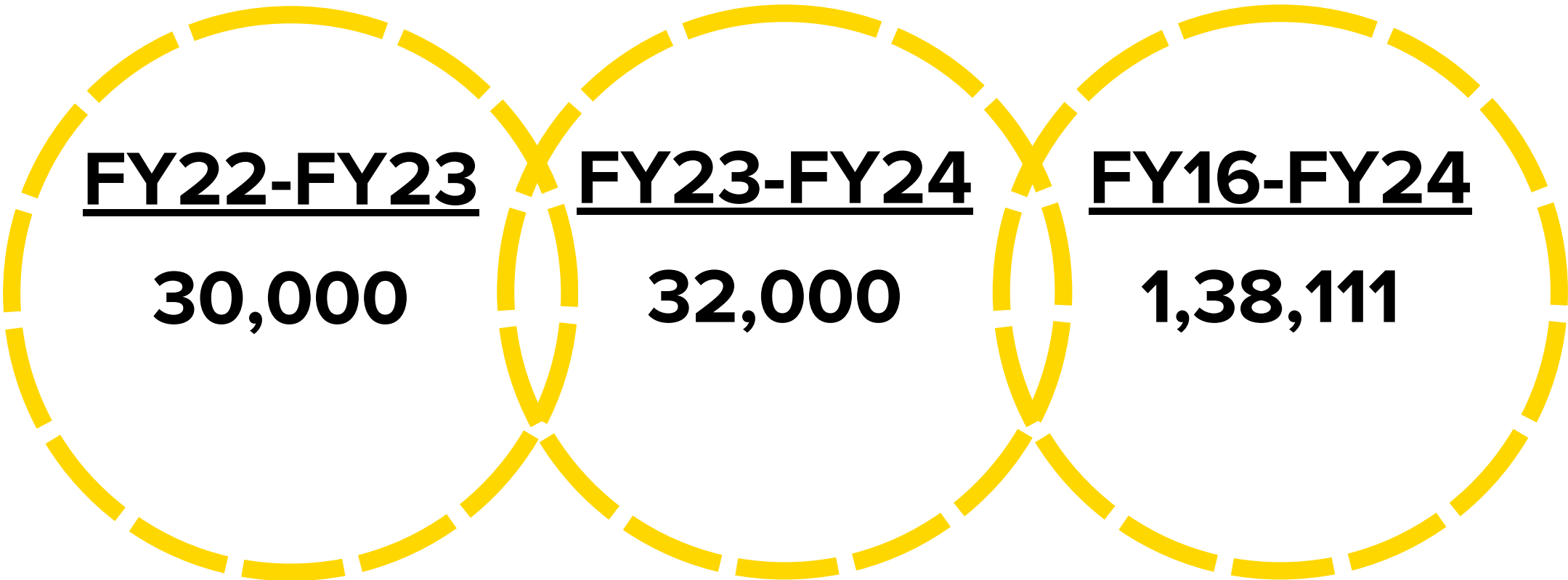
Impact on the community.

- Health Benefits
- Biodiversity enhancement
- Socio-economic Benfits
- Community Awareness

Execution of the project



Trees Planted





Cremation Ground Renovation

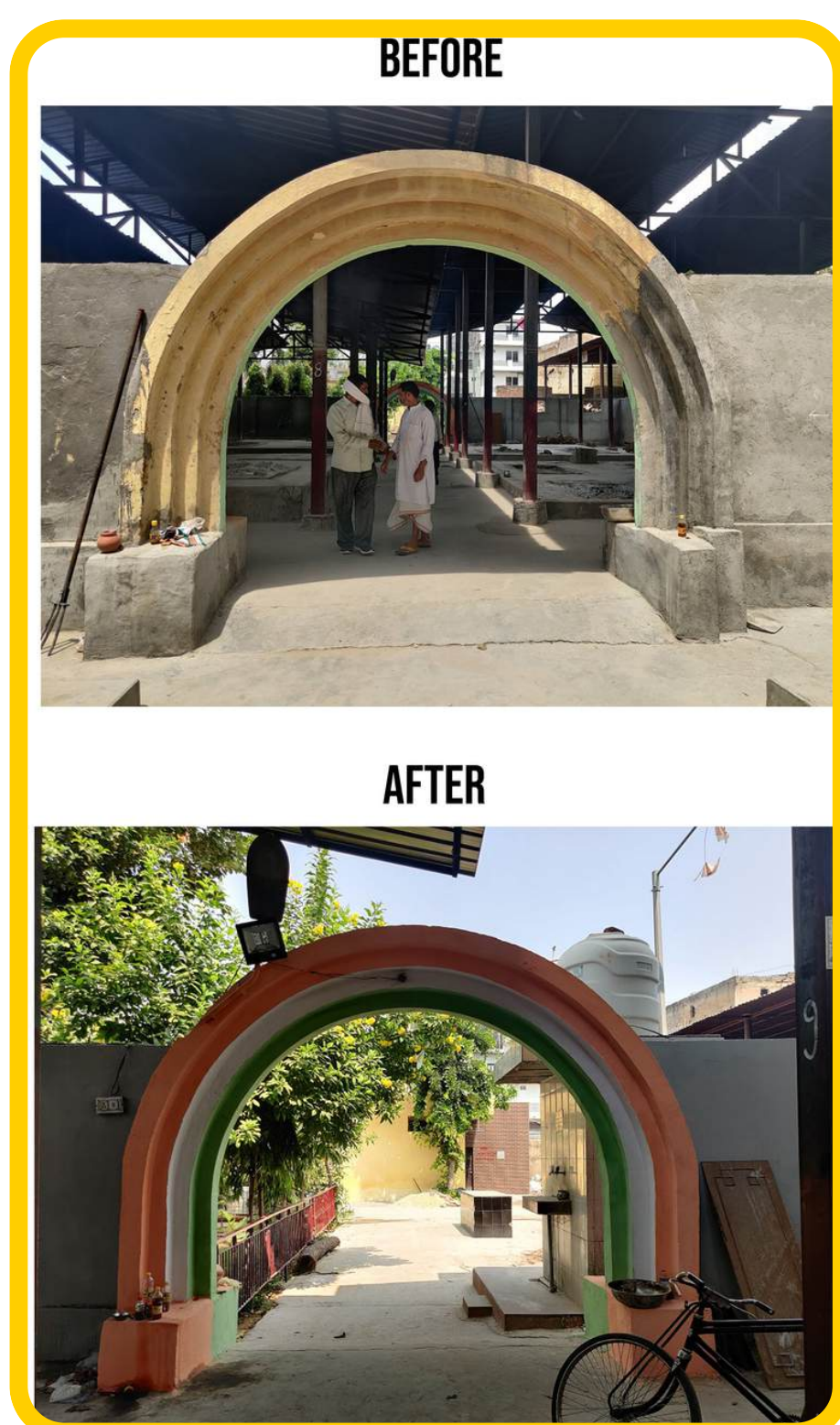


Renewing Cremation Grounds, From Grief to Grace

“Every life and every departure deserves a dignified farewell”

In the heart of our community lies a solemn ground, a place where emotions intertwine, and memories find their final solace - the crematorium. Yet, this sacred space, emblematic of the circle of life, suffers from chronic infrastructural issues. There's a lack of essential facilities: no wall compound for privacy, no shed to shield mourners from the elements, insufficient lighting, and an absence of water supply. Furthermore, the absence of a proper podium with a roof adds to the inconvenience, particularly during nighttime ceremonies. The darkness envelops the proceedings, compelling mourners to rely on torches, casting shadows on a moment that should be filled with solemnity and respect.

Regrettably, repairs and maintenance seem to be absent from the priority list of local authorities. By addressing these infrastructural shortcomings, we transform this space into a modern, efficient, and hygienic crematorium.



Geographical Reach



1. Jammu and Kashmir

2. Haryana

3. Delhi

4. Uttar Pradesh

5. Punjab

6. Rajasthan

7. Maharashtra

8. Madhya Pradesh

9. Odisha

10. West Bengal

Team Honorarium Slab in Rupees

**0K to 15K Rupees
Total Staff-95**

**15K to 30K Rupees
Total Staff-55**

**30K to 50K Rupees
Total Staff-14**

**50K to 1 Lac Rupees
Total Staff-4**

Total Staff

Sahyog Staff
168
+
(35 Volunteer)

Female Staff
131
+
27 Volunteer

Male Staff
37
+
8 Volunteer

Our Partners



Hansraj Model School
Punjabi Bagh, New Delhi